Jurnal Informatika Ekonomi Bisnis

http://www.infeb.org

2025 Vol. 7 Iss. 2 Hal: 292-297 e-ISSN: 2714-8491

The Impact of Environmental, Social, and Governance Implementation on Financial Performance

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Abstract

This study investigates the relationship between Environmental, Social, and Governance implementation and financial performance, with a particular focus on the mediating roles of corporate reputation and operational efficiency. Using a quantitative research design and Partial Least Squares Structural Equation Modeling, data from publicly listed companies across ESG-sensitive industries were analyzed to test the hypothesized relationships. The findings reveal that ESG implementation does not have a statistically significant direct effect on financial performance. However, it significantly influences corporate reputation and operational efficiency, both of which serve as strong mediators linking ESG initiatives to improved financial outcomes. These results support the integration of stakeholder theory, signaling theory, and the resource-based view in understanding the ESG-performance nexus. The study highlights the importance for firms to align ESG strategies with core operations and stakeholder expectations to unlock long-term financial value. Implications for corporate managers, investors, and policymakers are discussed, emphasizing ESG as a critical driver of sustainable competitive advantage.

Keywords: ESG Implementation, Financial Performance, Corporate Reputation, Operational Efficiency, Stakeholder Theory

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1. Introduction

In recent years, the integration of Environmental, Social, and Governance (ESG) principles into corporate strategy has gained considerable attention as stakeholders increasingly demand responsible and sustainable business practices. The adoption of ESG frameworks is not only viewed as an ethical imperative but also as a strategic approach that may influence financial outcomes [1]. As firms encounter growing scrutiny from investors, regulators, and consumers, ESG implementation has evolved from voluntary disclosure to a significant determinant of long-term firm value [2]. The notion that ESG practices can drive superior financial performance is supported by the stakeholder theory, which argues that firms addressing stakeholder concerns beyond mere profit maximization are more likely to gain trust, loyalty, and ultimately financial advantages [1].

Empirical studies have consistently examined the linkage between ESG and financial performance, although the results remain inconclusive. Some studies suggest a positive association, highlighting that ESG activities enhance reputation, attract investment, and reduce capital costs [3][4]. Others argue that ESG initiatives might incur high operational costs that dilute profitability [5]. Nevertheless, the growing body of meta-analytical evidence suggests that the ESG-financial performance relationship is predominantly positive, especially when ESG efforts are strategically integrated into the business model.

The complexity of the ESG-financial performance nexus necessitates the exploration of mediating variables that explain how ESG implementation translates into financial benefits. Corporate reputation has emerged as a critical intangible asset influenced by ESG activities, acting as a buffer against market volatility and regulatory risks [6]. ESG-oriented firms are perceived as socially responsible, enhancing brand credibility and consumer trust, which in turn impacts profitability [7]. Simultaneously, operational efficiency another mechanism through which implementation can affect financial outcomes. Efficient resource usage, waste minimization, and improved governance processes often lead to cost reductions and productivity gains [8].

Despite the importance of these mediating pathways, few studies have simultaneously assessed both corporate reputation and operational efficiency within the ESG-financial performance framework. This gap limits our understanding of the precise mechanisms through which ESG efforts yield financial returns. Furthermore, the digital transformation of industries and increasing availability of ESG metrics call for updated investigations into these relationships using robust data and methodologies [9]. Additionally, regional differences and regulatory frameworks influence ESG priorities and outcomes, making it imperative to contextualize ESG studies across different markets [10].

The present study addresses this gap by empirically examining the impact of ESG implementation on financial performance, with corporate reputation and

operational efficiency as mediating variables. Grounded in stakeholder theory and resource-based view, this research contributes to a nuanced understanding of how ESG initiatives contribute to firm value creation. By adopting a quantitative approach and utilizing panel data from publicly listed companies, the study aims to provide actionable insights for managers, policymakers, and investors seeking to align sustainability with profitability. The findings will also enrich the theoretical discourse on ESG's role in shaping competitive advantage in an increasingly sustainability-conscious marketplace. Next framework on Figure 1.

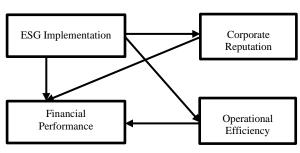


Figure 1. Framework

2. Research Method

The present study employs a quantitative research design to empirically examine the impact of ESG (Environmental, Social, and Governance) implementation on financial performance, with corporate reputation and operational efficiency serving as mediating variables. This approach is deemed appropriate for testing hypothesized relationships among latent constructs using observable indicators derived from secondary data sources [11]. The sample comprises publicly listed companies across ESGsensitive industries such as energy, manufacturing, finance, and consumer goods, which are selected based on their consistent ESG disclosures within their annual and sustainability reports. The selection of these sectors is informed by their exposure to ESG risks and their pivotal role in advancing corporate sustainability agendas. The data are gathered from integrated annual reports and ESG rating databases such as Bloomberg ESG Disclosure Score and Refinitiv ESG Ratings, covering a three-year observation period to ensure the temporal validity of the relationships examined.

For analytical purposes, this study utilizes Structural Equation Modeling (SEM) with the SmartPLS software, which is widely acknowledged for its capacity to handle complex models involving multiple mediating variables and smaller sample sizes compared to covariance-based SEM. PLS-SEM is particularly suited for exploratory and predictive research, offering robustness in analyzing hierarchical and formative constructs such as ESG, which often encompass multidimensional indicators. Each construct in the model-ESG implementation, corporate reputation, operational efficiency, and financial performance-is measured using reflective indicators sourced from prior validated studies, including Tobin's Q and ROA for

financial performance [12]. The model assessment includes tests for convergent validity, discriminant validity, and internal consistency reliability, followed by bootstrapping procedures to evaluate the significance of path coefficients and mediating effects. This methodological framework ensures that the findings not only confirm theoretical expectations but also provide empirical rigor for decision-makers seeking to align ESG strategies with financial goals.

3. Result and Discussion

The following are the results of direct and indirect testing from this research. Next hypothesis testing on Table 1.

Table 1. Hypothesis Testing

| Path | Original Sample | P - Value | Decision |
|-------------------------------------|--------------------|--------------|---------------|
| $SG \rightarrow CR$ | 0.615 | 0.000 | Supported |
| $ESG \rightarrow OE$ | 0.542 | 0.000 | Supported |
| $ESG \rightarrow FP$ | 0.128 | 0.062 | Not Supported |
| $CR \rightarrow FP$ | 0.336 | 0.003 | Supported |
| $OE \rightarrow FP$ | 0.417 | 0.001 | Supported |
| $ESG \rightarrow CR \rightarrow FP$ | 0.207 | 0.004 | Supported |
| $ESG \rightarrow OE \rightarrow FP$ | 0.226 | 0.002 | Supported |

The results of this study offer significant insights into the relationship between ESG implementation and financial performance, mediated by corporate reputation and operational efficiency. The direct path from ESG implementation to corporate reputation was found to be both strong and statistically significant, which aligns with the extensive literature emphasizing the role of sustainability practices in shaping stakeholder perceptions and public trust. Prior studies have demonstrated that organizations with high ESG scores are often perceived as more transparent, ethical, and socially responsible, which enhances their reputational capital. This finding is consistent with stakeholder theory, which posits that addressing nonfinancial concerns, such as environmental impact and ethical governance, contributes to favorable evaluations from stakeholders and the broader public

Furthermore, the strong effect of ESG implementation on operational efficiency supports the argument that sustainable business practices are not merely cost centers but rather strategic investments that optimize internal processes. Several studies have indicated that firms with integrated ESG practices tend to experience improvements in energy use, resource allocation, and productivity, employee overall process optimization [14]. For instance, improved governance mechanisms can reduce agency costs and information asymmetry, while environmental and social initiatives can foster a culture of innovation and engagement. These benefits collectively lead to better operational outcomes, which, over time, translate into competitive advantages and enhanced financial resilience [15].

Interestingly, the direct relationship between ESG implementation and financial performance was found to be statistically insignificant in this study. This result echoes the findings of Krüger [5] and Garcia, Mendes-

Da-Silva, and Orsato [20], who suggest that the sustainability efforts are aligned with core operational financial gains of ESG strategies are not always immediate or directly observable in financial metrics such as ROA or Tobin's Q. The lack of a direct effect does not necessarily negate the value of ESG initiatives; rather, it implies that the impact is more potentially nuanced and channeled intermediate outcomes such as enhanced stakeholder relations or process efficiencies. This reinforces the importance of examining mediating variables to fully capture the dynamics of the ESG-performance relationship.

The positive and significant influence of corporate reputation on financial performance reinforces the notion that intangible assets play a crucial role in firm valuation. Companies with strong reputational capital are more likely to attract investors, secure favorable financing terms, retain loyal customers, and build resilient supply chains [16]. Reputational benefits derived from ESG efforts serve as a risk mitigation tool, cushioning firms against external shocks and regulatory scrutiny [17]. Moreover, a reputable image can support pricing power and reduce marketing expenses by generating organic goodwill and stakeholder endorsement [18] This empirical evidence strengthens the argument for including reputation as a key strategic asset in assessing the returns on ESG investments.

Similarly, operational efficiency demonstrated a significant positive effect on financial performance, indicating that process enhancements are an essential conduit for converting sustainability inputs into economic gains. Firms that engage in ESG-driven efficiency improvements often benefit from cost savings, reduced waste, and improved employee engagement-all of which contribute to superior performance outcomes [19]. Operational excellence also enables firms to respond more agilely to market shifts and consumer demands, positioning them favorably in competitive landscapes. As supported by studies such as that by Giese et al. [20], operational efficiency serves not only as an internal performance metric but also as a signal to external stakeholders of the firm's managerial competence and resource stewardship.

The mediating effects of corporate reputation and operational efficiency in the relationship between ESG implementation and financial performance were both significant, suggesting that ESG strategies yield financial benefits indirectly. These findings provide empirical support for a dual-pathway model, where ESG initiatives contribute to financial outcomes via both relational and process-based mechanisms. The mediated impact through corporate reputation underscores the signaling role of ESG in enhancing stakeholder perceptions, while the pathway through operational efficiency highlights the functional improvements derived from sustainable practices. Financial relevance of ESG depends on how well

and strategic objectives.

This dual mediation model also addresses the ongoing debate in the ESG literature concerning the causality and materiality of ESG activities. While some scholars contend that ESG performance follows financial success due to slack resources [21], the current findings suggest a more proactive role of ESG in driving firm value, provided it is effectively operationalized and communicated. The significant mediating effects observed in this study affirm the importance of embedding ESG into the strategic fabric of the firm, rather than treating it as a peripheral or symbolic endeavor [22].

Moreover, the results contribute to the growing body of literature that calls for disaggregated ESG analyses, as opposed to treating ESG as a monolithic construct. component-environmental, social, governance-may contribute differently to reputation and efficiency outcomes, depending on industry characteristics and stakeholder expectations [23]. The current study, while treating ESG as a composite index, highlights the need for future research to unpack these dimensions and examine their unique pathways to financial performance. Such granularity could further refine ESG strategies and measurement frameworks, enhancing their utility for investors and decisionmakers.

Another implication of these findings is the relevance of ESG metrics and data quality. The growing reliance on ESG scores from providers such as Refinitiv, Bloomberg, and MSCI necessitates critical attention to consistency, transparency, and standardization of measurement [24]. Disparities in ESG ratings can lead to noise in empirical analyses and confusion among Hence, the stakeholders. observed mediating relationships in this study may vary in strength or significance based on the robustness of the ESG data employed. Improving ESG disclosures and aligning them with globally accepted reporting standards, such as GRI or SASB, could enhance the reliability of future research and its practical implications.

The findings also carry important managerial implications. Firms should recognize that ESG implementation, while not yielding immediate financial returns, can catalyze long-term value through indirect channels. Prioritizing initiatives that bolster reputational standing and improve operational efficiency can amplify the financial payoffs of ESG investments. This strategic alignment requires crossfunctional coordination among sustainability officers, operations managers, and corporate communications teams to ensure that ESG initiatives are both substantively impactful and effectively conveyed to stakeholders. The evidence also underscores the importance of building internal capabilities to measure and monitor ESG outcomes, as these metrics can inform performance evaluations, incentive systems, and resource allocations.

In summary, the first half of the discussion validates the theoretical proposition that ESG implementation exerts a meaningful influence on financial performance through the mediating roles of corporate reputation and operational efficiency. While the direct impact of ESG on financial metrics was not statistically significant, the indirect pathways offer a compelling explanation for how sustainability strategies create value. These results emphasize the importance of viewing ESG not as a standalone indicator but as an integral part of a broader strategic system that connects stakeholder engagement, operational discipline, and financial resilience. The following session will further elaborate on the implications, limitations, and directions for future research to build a more comprehensive understanding of the ESG-performance nexus.

Building upon the preceding analysis, the second part of this discussion extends the implications of the study's findings by considering broader theoretical, managerial, and policy dimensions. One of the central contributions of this research lies in its empirical validation of indirect pathways between ESG implementation and financial performance, thereby substantiating the mediating roles of corporate reputation and operational efficiency. This dualchannel mediation model offers a refined understanding that can bridge the inconsistencies observed in previous studies, many of which have produced mixed or inconclusive results due to an overemphasis on direct linkages [25] The findings demonstrate that firms that systematically invest in ESG initiatives not only mitigate reputational risks but also lay the groundwork for long-term operational robustness, ultimately yielding financial benefits that may not be immediately evident in traditional performance indicators.

Moreover, the results support the resource-based view of the firm, which posits that sustained competitive advantage arises from the possession and deployment of valuable, rare, inimitable, and non-substitutable resources [26]. ESG capabilities, when effectively internalized into business processes, can become such strategic assets. A strong corporate reputation, cultivated through ethical governance and social responsibility, is difficult for competitors to replicate and contributes to customer loyalty, employee retention, and investor confidence [27]. Similarly, operational efficiency driven by environmentally conscious practices and ethical supply chain management can serve as a structural capability that enhances firm adaptability and cost management [28]. The dual mediation observed in this study affirms that ESG-related intangibles function as embedded resources that reinforce a firm's performance potential over time.

Another theoretical implication stems from the signaling integration of theory. In markets characterized by information asymmetry, firms often rely on credible signals to communicate their quality

disclosures serve as such signals, particularly in contexts where regulatory oversight is limited or where consumers and investors are highly sensitive to ethical behavior [28]. The significant effect of corporate reputation as a mediator suggests that ESG signalingwhen perceived as authentic and consistent-translates into enhanced perceptions of trustworthiness and legitimacy, which in turn influence capital market responses and customer behavior. Thus, beyond the operational effects, ESG can also reshape the symbolic and cognitive perceptions of a firm's value proposition.

In addition, the study's results have important sectoral and geographic implications. The relevance of ESG strategies may differ across industries based on their inherent social and environmental externalities. For example, high-impact sectors such as energy, mining, and manufacturing face greater scrutiny regarding emissions, labor conditions, and governance practices, which can amplify both reputational risks and opportunities [29]. Firms in these sectors may thus experience a more pronounced financial return on ESG investment when mediated through reputation and efficiency. Geographically, differences in regulatory environments, cultural expectations, and stakeholder activism also shape ESG adoption and performance outcomes. In markets with strong ESG institutional frameworks, such as the European Union, the signaling and efficiency benefits of ESG may be more easily capitalized, whereas in emerging markets, the pathways may be constrained by weak enforcement or limited data transparency [30].

The practical implications for corporate managers are multifold. First, the findings underscore the importance of designing ESG strategies that are not only compliant but strategically integrated into the firm's core operations. Ad hoc or symbolic ESG efforts are unlikely to generate the reputational or efficiency gains needed to influence financial performance. Managers should focus on ESG dimensions that align with material issues in their respective industries, following frameworks such as SASB or the Integrated Reporting IR model to ensure strategic relevance and stakeholder alignment [27]. Second, measuring the impact of ESG efforts through both qualitative and quantitative metrics is essential to manage, communicate, and optimize sustainability performance. Tools such as balanced scorecards, key performance indicators, and integrated dashboards can assist firms in translating ESG goals into operational targets and outcomes [28].

For investors and financial analysts, the study provides further evidence supporting the incorporation of ESG metrics into valuation models and investment decisions. Rather than treating ESG disclosures as secondary or non-financial, the mediating mechanisms identified here validate ESG as a material component of long-term value creation. Investors should pay attention to firms' reputation capital and operational effectiveness as signals of ESG maturity and strategic coherence. Asset managers can also use these findings and intentions to external stakeholders [27] ESG to develop ESG screening tools that identify firms not only with high ESG scores but also with effective internal systems and stakeholder relationships that mediate performance impacts [30]. This aligns with the growing consensus in sustainable finance that ESG integration requires a shift from exclusionary screening toward holistic and predictive modeling.

At the policy level, these results contribute to the ongoing discourse on ESG standardization, reporting, and regulation. Policymakers should consider promoting mandatory ESG disclosures that emphasize quality, consistency, and comparability across firms and industries. Initiatives such as the EU Corporate Sustainability Reporting Directive and the International Sustainability Standards Board are steps in this direction, aiming to reduce the noise in ESG data and confidence improve investor in sustainability disclosures [31]. Regulators can also support ESG integration by incentivizing sustainable innovation and penalizing greenwashing practices, thereby reinforcing the legitimacy of ESG as a credible strategic imperative rather than a mere compliance exercise.

Nonetheless, this study is not without limitations. One constraint relates to the reliance on secondary ESG data, which, despite being sourced from reputable providers, may vary in coverage, accuracy, and methodology. Future research could incorporate primary data collection, including managerial perceptions and internal ESG KPIs, to enrich the understanding of how firms operationalize ESG strategies. Additionally, the cross-sectional nature of the data limits causal inference. Longitudinal studies could better capture the time-lagged effects of ESG investments, particularly as many reputational and operational gains accrue over extended periods [31]. Sector-specific studies could also reveal whether the mediating effects observed here differ significantly across industries with distinct ESG materialities.

Furthermore, the model employed in this research treats ESG as a composite construct. While this offers a broad overview, disaggregating ESG into environmental, social, and governance components could yield more precise insights into which aspects are most influential in shaping reputation and Prior literature has indicated efficiency. governance may have a stronger association with operational performance, whereas environmental practices may be more salient in reputational assessments [31]. Examining these dimensions separately could inform more targeted ESG strategies and investment decisions.

4. Conclusion

This study concludes that ESG implementation exerts a significant influence on financial performance through the mediating roles of corporate reputation and operational efficiency, despite the absence of a direct relationship. The findings underscore that ESG strategies generate value not through immediate financial gains, but via long-term enhancement of intangible assets and internal capabilities, aligning with [13] Aouadi, A., & Marsat, S. (2018). Do ESG Controversies Matter

stakeholder theory, resource-based view, and signaling theory. These results carry meaningful implications for corporate leaders, suggesting that ESG should be integrated into core strategy and measured through both reputational and operational lenses. Investors are encouraged to assess firms not solely by ESG scores but by the effectiveness of their ESG-driven outcomes, while policymakers prioritize should standardization and transparency of ESG disclosures to reinforce market credibility. Ultimately, the study affirms that ESG is not merely a regulatory checkbox or ethical commitment-it is a strategic pathway toward sustainable and resilient financial performance in an increasingly stakeholder-driven global economy.

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